



*North Cariboo
Seniors Council*



About the NCSC

The North Cariboo Seniors' Council is a non-profit organization dedicated to enhancing the quality of life for seniors in the North Cariboo region. Through advocacy, programs, and partnerships, we support seniors in living healthy, connected, and independent lives.

The NSCS is an advocate for seniors, helping them to connect with services, resources, and supports in the community.

Scan here to learn more about us



www.caribooseniorscouncil.org

Connect with Us

(236) 301-8019

info@caribooseniorscouncil.org

www.caribooseniorscouncil.org

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Make a Donation!

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ncseniorsc@gmail.com
or call (236) 301-8019

North Cariboo Seniors' Council

355 St. Laurent Ave
Quesnel, BC
V2J 2E1
(236) 301-8019

How we Advocate for Seniors



Monthly Frozen Meals

We provide free, nutritious frozen meals once a month, helping seniors access affordable and convenient food options.



Social Meals Program

Twice a month, eligible seniors can enjoy a free luncheon in a friendly setting that fosters social connection and community.



Seniors Information Booklet

Every two years, we publish and distribute a free booklet packed with updated information on local resources and services for seniors.

Programs we Support

We work closely with trusted organizations and government partners to offer programs and services that help seniors.

Better at Home

Funded by United Way, the we oversee this program to help seniors live comfortably in their own homes.
For more information call (250) 992-9156.

BC Ministry of Transportation

In partnership with the Ministry, we offer free bus vouchers to help seniors stay mobile and connected with the community.

Social Prescribing

We oversee this program that offers non-medical support that enables seniors to identify, set, and achieve personal health and wellness goals, funded by United Way.
For more information call (250) 255-4993.



Become a Volunteer!

Serve as a committee member or on the Board of Directors

How we are Funded

We are primarily funded by the City of Quesnel and the Cariboo Regional District, with additional support from community grants, donors, and partners. We rely heavily on memberships, donations, and the dedication of generous volunteers. This includes a volunteer Board of Directors, whose contributions are essential to our success.

Please consider becoming a member, joining the Board of Directors, or making a donation.

Send an e-transfer to ncseniorsc@gmail.com



Thank you to our sponsors!

